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Coastal Art Studios Tour  
SEE PAGE 12



Plan for sea-level rise  
SEE PAGE 4



# Two win trial delay in fentanyl death charge

By NEAL PUTNAM | Special to Beach & Bay Press

SAN DIEGO – Two people who are charged with involuntary manslaughter in the death of a Pacific Beach man, who overdosed on drugs they sold him, won a delay on Sept. 3 in their trial, and it was reset for Feb. 24, 2026.

Micah Rodgers Seau, 32, and Sheri Marie Cavanaugh, 60, waived their right to have a speedy trial in the death of Connor Gibson Gerhart, 31, when he overdosed on fentanyl in 2023.

They both appeared before San Diego Superior Court Judge Marian Gaston. They are both free on \$50,000 bond posted earlier, with the condition that they wear drug patches and a GPS device.

Seau is the nephew of the late Junior Seau, a former player with the San Diego Chargers who died at age 43 in 2012. Micah Seau also played Pop Warner football in school with the victim, who was a childhood friend of his. Gerhart died on June 1, 2023, in his Pacific Beach home. He graduated from La Jolla Country Day High School.

The trial of Seau and Cavanaugh was set to start on Sept. 22. However, the prosecutor stated that it was delayed, with the agreement of both defense counsel, due to witness unavailability and calendar conflicts. Seau and Cavanaugh had initially been charged with murder, but a judge reduced it to involuntary manslaughter.

# Body of woman found after hit-and-run crash

By BROOKE BINKOWSKI | Times of San Diego

SAN DIEGO – The body of a 61-year-old woman was found Saturday afternoon, more than 12 hours after she was killed in a two-vehicle hit-and-run crash on Sea World Drive, officials said on Sept. 2.

The crash took place at around 12:20 a.m. near West Mission Bay Drive, according to the San Diego Police Department.

When officers arrived, both vehicles were at the scene, but one driver had fled on foot, police said.

The woman's body was discovered around 1 p.m. near the crash site, police said. Her name has not yet been released. Police said one vehicle rear-ended the other. No arrests have been made, and the cause of the crash remains under investigation.



Senior Elin Christiansen and the Mission Bay cheerleaders lead the student section in cheers for the Buccaneers at home on Friday, Sept. 5. Mission Bay rallied in the second half to beat Brawley, 27-14, to go 3-0 on the season. The Bucs will travel to University City on Sept. 12 to play the Centurions. For more, see page 15.  
PHOTO BY THOMAS MELVILLE/BEACH & BAY PRESS



# Find your NFL team bar in Pacific Beach, Mission Beach, and La Jolla

By DAVE SCHWAB | Beach & Bay Press

SAN DIEGO – The National Football League is back, and there are plenty of sports bars along the waterfront in Pacific Beach, Mission Beach, and La Jolla to choose from for fans to grab a bite or a brew and cheer on their favorite teams.

Here are just a few of the many local spots in Pacific Beach and Mission Beach that are haunts for some of the NFL's 32 teams:

In Pacific Beach, Duck Dive at 4650 Mission Blvd. offers an impressive lineup of game-time food and drink specials. Mavericks Beach Club at 860 Garnet Ave. offers 40 TVs in its five indoor/outdoor bars, so you won't miss a moment of action this season. Look to the Local PB, 809 Thomas Ave., for supporting specific teams like the Buffalo Bills. Tavern at the Beach at 1200 Garnet Ave. is known for showing all 32 NFL teams on 42 HD TVs.

In Mission Beach, Sandbar Sportsbar & Grill at 718 Ventura Place has TVs strategically placed downstairs, as well as on the SkyDeck for NFL viewing. Miss B's Coconut Club at 3704 Mission Blvd. is now a certified Packers bar and shows all Green Bay games on both indoor and outdoor TVs. They've even posted on their Instagram welcoming all "cheeseheads." Guava Beach Bar & Grill at 3714 Mission Blvd. is a known spot for Vikings fans.

In La Jolla, The Spot La Jolla, 1005 Prospect St., and Nautilus Tavern, 6830 La Jolla Blvd., are good NFL football-viewing options.

Generally, most bars show NFL games, but specific "team bars" may be harder to confirm without visiting or checking their social media during the NFL season. If you have a particular team you follow, contacting the bar directly to inquire



Mavericks Beach Club at 860 Garnet Ave. offers 40 TVs in its five indoor/outdoor bars so you won't miss a moment of action this season.

PHOTO BY THOMAS MELVILLE/BEACH & BAY PRESS

about their game schedule or team allegiance is recommended.

Following is a list of bars known to be favorable to specific NFL teams.

- Green Bay Packers**  
Mavericks Beach Club in PB.  
The Beverly Beach Garden in PB.  
Riptides in PB.  
Sandbox Pizza in PB.  
Catalina Lounge in OB.  
Miss B's Coconut Club in MB.  
The Bullpen Bar & Grill in Clairemont Mesa.
- Pittsburgh Steelers**  
Break Point in PB.  
The High Dive in Bay Park.  
Bub's at the Ballpark at Petco Park.
- Kansas City Chiefs**  
Break Point in PB.  
Home & Away in Old Town.  
Shore Rider Bar in La Jolla.  
The High Dive in Bay Park.  
Tom's Watch Bar near Petco Park.
- Philadelphia Eagles**  
PB Avenue in PB.

- SD Taproom in PB.  
The High Dive in Bay Park.  
Gaslamp Tavern.  
Pretzels & Pints in North Park.  
**New England Patriots**  
Wonderland Ocean Pub in OB.  
Sandbox Pizza in PB.  
Waterbar in PB.  
The Tippy Crow in Gaslamp Quarter.  
West Coast Tavern in North Park.  
Goodbar in Point Loma.  
The Waterfront Bar & Grill in Little Italy.  
Catalina Lounge in OB.  
Garage Kitchen + Bar in Gaslamp Quarter.  
**New Orleans Saints**  
NOLA on 5th in Hillcrest.  
The Silver Fox Lounge in PB.  
Goodbar in Point Loma.  
Fast Times in Clairemont.  
Louisiana Purchase in North Park.
- Indianapolis Colts**  
Sidecar on Morena Boulevard near Sea World Drive exit.
- Chicago Bears**  
710 Beach Club in PB.

Rosie O'Grady's in Normal Heights.

- Detroit Lions**  
The Ould Sod in Normal Heights.  
Sandbar Sports Grill in MB.
- Dallas Cowboys**  
Mavericks Beach Club in PB.  
Rocky's Crown Pub in PB.  
The Spot in La Jolla.  
Baja Beach Cafe in MB.  
Alibi in Hillcrest.  
Union Kitchen and Tap Gaslamp.  
Barleymash in Gaslamp Quarter.
- San Francisco 49ers**  
Moonshine Beach in PB.  
Northside Tavern in OB.
- Cincinnati Bengals**  
They High Dive in Bay Park.  
The Local Eatery & Drinking Hole Downtown.  
Time Out Sports Tavern Downtown.
- Miami Dolphins**  
Flamingo Deck in PB.
- Buffalo Bills**  
The Local in PB.  
Pacific Beach Alehouse.  
Long Story Irish Pub in Point Loma.
- New York Jets**  
Happy Does in Gaslamp Quarter.  
Henry's Pub in Gaslamp Quarter.
- Washington Commanders**  
Winston's Beach Club in OB.  
Latitude 32 Pub & Grill in PB.  
Truckstop Saloon in MB.
- New York Giants**  
U-31 in North Park.
- Baltimore Ravens**  
Dirty Birds in PB.
- Cleveland Browns**  
The Tilted Stick in OB.
- Jacksonville Jaguars**  
JT's Tavern on Mission Gorge Road.
- Houston Texans**  
True North Tavern in North Park.
- Tennessee Titans**  
Tavern at the Beach in PB.  
Latitude 32 Pub & Grill in PB.  
Sandbar Sports Bar & Grill



Break Point on Garnet Avenue in Pacific Beach is a Pittsburgh Steelers bar.

PHOTO BY THOMAS MELVILLE/BEACH & BAY PRESS

- in MB.
- Arizona Cardinals**  
Coaster Bar & Grill in MB.  
Duck Dive in PB.
- Atlanta Falcons**  
Bluefoot Bar & Lounge in North Park.
- Tampa Bay Buccaneers**  
Sandbar Sports Grill in MB.  
Bub's at the Ballpark in Petco.
- Denver Broncos**  
Guava Beach Bar & Grill in MB.
- Las Vegas Raiders**  
There isn't a specific bar along the San Diego coast designated as the official home for the Las Vegas Raiders. However, "Raider bars" are often found in areas like the Gaslamp Quarter.
- Los Angeles Chargers**  
Harbortown Pub in Point Loma.  
PB Shore Club.  
Sandbar Sports Bar & Grill in MB.
- Dirty Birds OB.  
Tom's Watch Bar Downtown.
- Los Angeles Rams**  
Ocean Beach Brewery.  
The Tilted Stick Bar & Grill in OB.  
Sandbar Sports Grill in MB.  
The Silver Fox in PB.
- Carolina Panthers**  
Could not find one.

## SAN DIEGO BAYFAIR

San Diego Bayfair Power Boat Racing will take place Sept. 12-14. Take in the of power boat and speedboat racing at this annual festival on Mission Bay. For more information, visit sandiegobayfair.org.

## LONGBOARD CLASSIC

The OMBAC Classic Longboard Surfing Contest will take place on the north side of Crystal Pier on Sept. 13 with the first heat at 8:30 a.m. The event is a celebration of surf culture, a nod to the golden era of longboarding, and a community gathering. It's a testament

to the enduring popularity of longboard surfing, a style that emphasizes grace, style, and nose-riding abilities. The contest has a rich history dating back to the 1960s when longboarding was at its peak, and the contest reflected this golden era. This family-friendly event serves as a platform for

intergenerational exchange within the surfing community. Proceeds benefit The Prevent Drowning Foundation of San Diego.

## PACIFIC ISLANDER FESTIVAL

Pacific Islander Festival will take place Sept. 20-21 at Ski Beach on Mission Bay. There will be music,

dancing, food, crafts and customs of Melanesia, Micronesia, and Polynesia. For more information, visit pifasandiego.com.

## MENEHUNE SURF CONTEST

Entries are now being accepted for the Windansea Surf Club's annual junior surf contest, The Menehune, to be held Saturday, Oct. 4 at the La Jolla Shores. Longboard and shortboard divisions for all age groups are offered for boys and girls 16 years of age and under, including the popular (and entertaining) Super Menehunes for 7 year-olds and under. The event attracts young competitive surfers and their families from throughout the Western states, Hawaii, and Baja California. The Menehune contest was first held at the La Jolla Shores in 1965 and was won by a young girl, Margot Godfrey (Oberg), who became a world champion. Windansea Surf Club will be awarding \$250 educational scholarships to the top eight age group divisions for boys and girls. For more information, or to register, visit windanseasurfclub.org.

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