

## **Celebrate National Bourbon Month Like Mad Men**

Where to find a nice bourbon in San Diego BY MELISSA FOWLER



## This September, celebrate National Bourbon Month Like Mad Men!

Revered as America's "Native Spirit," bourbon is becoming an increasing popular drink of choice as classic cocktails are continuing to make a comeback. While the origin of bourbon is still a large source of debate, it's widely believed that it was first distilled in charred oak barrels by a Baptist

minister living in Bourbon County, Kentucky. Whether or not you are a bourbon aficionado, September marks National Bourbon Heritage Month. Celebrate and try new takes on classic recipes by visiting these eight San Diego restaurants whose bourbon spirits will transport you back to the era of *Mad Men*.

In Pacific Beach, Backyard Kitchen & Tap is celebrating our nation's love of bourbon with its Tiger's Tea that features Spiced Tea Infused Bulleit Bourbon, house made lemonade, and a lemon mint garnish. After a long day at the beach, walk on over to enjoy this specialty cocktail and watch the sunset on their outdoor patio.

There's no better place to celebrate National Bourbon Heritage Month than at barleymash, where the philosophy and menu options are inspired by the libation. Enjoy the classic Old Fashioned made with Old Forester Bourbon, Angostura bitters, and orange zest. Or enjoy one of the over 20 bourbon selections served neat, on the rocks or mixed.

Saddle-on-up to Brazen BBQ's Lost & Found Saloon to order your favorite bourbon drink. Choose from their Mint Julep made with Maker's Mark, fresh mint and sugar, their Brazen Manhattan perfected with Bulleit Rye Bourbon, Carpano Antica vermouth, orange bitters and Luxardo cherries, or their Apple & Oak that features Woodford Reserve Bourbon, apple bitters and cinnamon. It's hard to have just one with this selection!

Get over Hump Day by heading over to West Coast Tavern on Wednesdays for half-priced bourbon drinks and flight specials. Try new takes on the classic Old Fashioned with variations such as The Fairgrounds with bacon infused bourbon, sugar, chocolate bitters, and orange zest. Or try a berry sweet drink and order A Light InThe Attic that uses fruity ingredients such as banana infused bourbon, strawberry puree, sugar and bitters.

Head on over to Duck Dive where you can relax by the beach, sipping on one of many spirits offered in an unassuming atmosphere. Looking to get yourself into a little bit of trouble? Try There Will Be Blood made with Old Forrester Bourbon, one of the 10 brands of bourbon sold during the prohibition under the context of "medical use." The bourbon is complemented with fresh blood orange, orange bitters, maraschino cherry, brown sugar and ginger to spice up the taste.

Pull up a seat at the bar at North Park's True North Tavern for some neighborhood fun. Have a hankering for a libation with a naturally sweet kick? The Strawberry Bourbon Mule- Benchmark Bourbon, strawberry puree, fresh lemon juice and ginger beer-is a refreshing sip that will cool you down after long day of shopping. Don't worry if you find yourself wanting more after one sip, on Sunday's True North Tavern serves tableside carafes of their Strawberry Bourbon Mule from 10:00 am.- 2:00 p.m.

Union Kitchen & Tap, located in the heart of the Gaslamp, showcases some of the most innovative craft cocktails in San Diego. Cheers to the end of your day with a Rye Manhattan that is shaken to perfection with Dickle Rye. If downtown isn't your typical stomping ground, then head to the original Union Encinitas for a Ginger Julep with Bulleit Bourbon, ginger and mint that'll have your taste buds dancing. Make sure to grab a seat in the Oak Room that resembles the inside of an oak tree bringing the aging process of bourbon full-circle.

Start the month of September off right and toast your way around San Diego, drinking the best libations in honor on National Bourbon Heritage Month!

Cheers!